

Building Access Cards

Ace Parking provides Building Access Cards for entry into the Physicians Medical Center buildings and Parking Garage located at 7910 and 7920 Frost Street. Access Cards can be used to enter the building outside of regular business hours.

To obtain new or replacement Access Cards, please have the Tenant Liaison for your suite contact Cushman & Wakefield. You may reach them via e-mail or phone at the contact information shown below. Please allow a 24-hour turnaround for new requests.

Becky Rhone-Nowlan
Property Administrator
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Tel (619) 937-2219
[7910 Frost Street, Suite 260](#)
[San Diego, CA 92123](#)

Aubrey Ray
Property Manager
aubrey.ray@cushwake.com
Tel (619) 678-0950
[7910 Frost Street, Suite 260](#)
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Accessing the Building After-Hours:

Physicians Medical Center is secured by automatic locking doors according to the schedule below. To enter the building **after business hours**, you will use your Access Card. **Simply swipe your card in front of a Card Reader** located outside building entry points.

Card Reader Locations

7910 Building Lobby Entrance
7910 Second Floor Garage Bridge
Freight Elevator Entry at Physicians Underground Garage

7920 Building Entrance
7920 First Floor Ground Entrance

Business Hours

Days	Doors Open	Doors Lock
Monday – Friday	6:00 a.m.	9:00 p.m.
Saturday	7:00 a.m.	5:00 p.m.
Sunday	Closed	Closed
Holidays	Closed	Closed